



9225 Garland Rd. #2120, Dallas, TX 75218
214-449-0702 ♦ www.whiterockyogadallas.com

CLASS SCHEDULE January-May 2017

Monday

6:30pm - Mixed Level Yoga

Tuesday

5:45pm - Vinyasa Yoga

7:15pm - Beginner Yoga

Wednesday

6:00pm - Mixed Level Yoga

7:30pm - Restorative Yoga

Thursday

9:30am - Strengthen & Stretch

6:00pm - Pre & Postnatal Yoga

7:30pm - Beginner Yoga

Friday

Noon - Lunchtime Yoga

6:15pm - Happiness Hour Yoga

Saturday

10:30am - Beginner Yoga

Noon - Vinyasa Yoga

Sunday

10:30am - Strengthen & Stretch

Noon - Pre & Postnatal Yoga

Drop-in Class - \$18

5-class pass - \$85 - Expires in 2 months

10 class pass - \$150 - Expires in 3 months

20 class pass - \$280 - Expires in 6 months

Unlimited by month - \$90/month

Please consult the website: www.whiterockyogadallas.com Schedule page to sign in and pay for classes ahead of time.